Nutrition Facts

1 serving per container
Serving size 1 package (283g)
Amount per serving
Calories 480

% Daily Value
Total Fat 21g 27%
Saturated Fat 9g 45%
Trans Fat 0g
Cholesterol 100mg 33%
Sodium 740mg 32%
Total Carbohydrate 52g 19%
Dietary Fiber 2g 7%
Total Sugars 11g
Includes 8g Added Sugars 16%
Protein 21g 40%

Vitamin D 0mcg
Calcium 47mg
Iron 2mg
Potassium 381mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Chickens Rassed Without Antibiotics


Distributed By: Wegmans Food Markets, Inc. Rochester, NY 14603

HOW TO HEAT

Heating times may vary depending on your equipment.
1. Place tray on microwave-safe plate. Peel film 1 inch on entrée side (keep rice covered).
2. Heat on HIGH 3 min; carefully remove and stir entrée side.
3. Re-cover; heat additional 1 min. Let stand 2 min.

Caution: Tray and contents are HOT.

Allergens: Contains Milk, Sesame and Tree Nuts (Coconut).

We only offer products we love – and we hope you'll love them too. Enjoy!

Chicken Korma

A classic Indian-inspired dish of dark meat chicken in a creamy coconut-based mild yellow curry with tahini, onions & raisins.

SERVING SUGGESTION

ENLARGED TO SHOW TEXTURE

Meal for 1 • 21g of Protein*

*See nutrition information for saturated fat content

Wegmans
Chicken Korma
with Basmati Turmeric Rice

Ready in 4 minutes
Microwave right in tray