MADE IN CALIFORNIA
INGREDIENTS: Pork, wine, vinegar, chili pepper, orange juice, salt, garlic, paprika, sodium nitrite.

COOKING SUGGESTIONS:
BBQ/MICROWAVE/FRY
- Chop and Fry with Eggs. Great in Spaghetti, Chili Beans, Sandwiches and Hoagie D'oeuvres, etc.

KEEP REFRIGERATED

Goulart's
1277 E. 1ST ST - SAN JOSE, CA 95116 U.S.A.
Phone: (408) 298-813

Goulart's Sausage Co.
SAN JOSE CA 95116 U.S.A.
Phone: (408) 298-813

Nutrition Facts
For Serving Size 2 oz (56 g)
Serving Size 2 oz (56 g)
Calories 120
% Daily Value* 
Total Fat 9g* 11%
Sodium 150mg* 6%
Total Carbohydrate 0g* 0%

*Percent Daily Values are based on a
2,000 calorie diet.
Restrictions for use of Dietary Reference Intakes (DRI), acceptable range of intake, and/or average fat, carbohydrate, protein, or calcium content of a serving size of food.
Smoked LINGUIÇA LINKS
(wine & smoke flavor added)

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KEEP REFRIGERATED

GOULART SAUSAGE CO.
SAN JOSE, CA 95116 U.S.A.
Phone: (408) 279-8130

Nutrition Facts
Serving Size 2 oz (56g)
Servings Per Container: varied
Amount Per Serving
Calories 190 Calories from Fat 145
% Daily Value*
Total Fat 17g 37%
Saturated Fat 5g 35%
Cholesterol 15mg 1%
Sodium 520mg 21%
Total Carbohydrate 1g 1%
Protein 10g
Vitamin A 2%  •  Vitamin C 0%
Calcium 4%  •  Iron 8%
Not A Significant Source of Dietary Fiber and Sugars.
*Percent Daily Values are based on a 2,000 calorie diet.
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Smoked
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