COOKING INSTRUCTIONS:
Put product into the 350°F oven for 30-40 minutes and cook product until the internal temperature of product is greater than 165°F*.
*Measure with handheld thermometer.

DOUGH INGREDIENTS: Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Water, Eggs, Salt.

FILING INGREDIENTS: Lamb, Beef, Onion, Salt, Black Pepper.

Manufactured by:
M&P Food Production Inc.
830 39th Street
Brooklyn, NY 11232
Tel: (718) 438-6421
Net Wt 16 oz (454 g)
Nutrition Facts

Serving Size 1 dumpling (113g)
Serving Per Container 3

Amount per Serving

Calories 360
Calories from Fat 130

% Daily Value*

Total Fat 14g 22%
Saturated Fat 6g 29%
Trans Fat 0g
Cholesterol 65mg 22%
Sodium 510mg 21%
Total Carbohydrate 37g 12%
Dietary Fiber 2g 6%
Sugars 1g
Protein 19g

Vitamin A 0%  •  Vitamin C 2%
Calcium 2%  •  Iron 20%

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs.

<table>
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<tr>
<th>Nutrient</th>
<th>Calories:</th>
<th>2,000</th>
<th>2,500</th>
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<tbody>
<tr>
<td>Total fat</td>
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<td>65g</td>
<td>80g</td>
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<tr>
<td>Sat. fat</td>
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<tr>
<td>Cholesterol</td>
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<tr>
<td>Sodium</td>
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<td>Dietary Fiber</td>
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</tbody>
</table>

Calories Per Gram:

Fat 9 • Carbohydrates 4 • Protein 4

DOUGH INGREDIENTS: Enriched Flour (bleached wheat flour, niacin, iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid, malted barley flour), water, eggs, salt.

FILLING INGREDIENTS: Lamb, onion, salt, black pepper.

Cooking Instructions:

Put product into the 350°F oven for 30-40 minutes and cook product until the internal temperature of product is greater than 160°F.

SERVING SUGGESTIONS:

Serve with any sauce.

SAFE HANDLING INSTRUCTIONS:

This Product was Inspected and Passed Meats and Poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.

- Keep refrigerated or frozen. Thaw in refrigerator or microwave.
- Keep raw meat and poultry separate from other foods, work surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.
- Cook thoroughly.
- Keep hot foods hot. Refrigerate leftovers immediately or discard.

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