

## PUMPKIN CARVING PATTERN

- Print out and trim around this template
- Tape to cleaned out pumpkin
- Transfer pattern using a pushpin or poke tool
- Remove paper
- Carve along pinhole lines



Snap a pic and share on Kids With Food Allergies  
[community.kidswithfoodallergies.org](http://community.kidswithfoodallergies.org)

**#KeepItTeal** for a safe and healthy Halloween

Offer non-food treats that are safer for children on special diets.



**KIDS WITH  
FOOD ALLERGIES**  
A Division of the Asthma and Allergy  
Foundation of America

[kidswithfoodallergies.org](http://kidswithfoodallergies.org)