#KeepItTeal for a safe and healthy Halloween

Offer non-food treats that are safer for children on special diets.

KidsWithFoodAllergies.org
Ideas for #KeepItTeal Fabric Crafts

Print image in "reverse" or "mirror" on T-shirt Transfer Paper. Follow transfer paper manufacturer’s directions for printing and fabric application.

Items to put image on (best on white or light colored fabric):

- T-shirts
- Canvas bags
- Fabric banners
- Fabric cape

Keep it simple and just use the image. Or embellish it to make it your own!

After image is applied to fabric, outline or fill in using:

- Fabric paints - try neon or glow-in-the-dark
- Fabric glitter glue
- Embroidery
- Thin ribbon
- Small sequins or stones

Don’t forget to share your #KeepItTeal project with us at http://community.kidswithfoodallergies.org/set/keep-it-teal-halloween-pumpkin-food-allergies-2015

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